

Existen cientos de estudios y recomendaciones que avalan la eficacia de las técnicas de Biofeedback. Asimismo, la tendencia es creciente en la incorporación de nueva documentación sobre investigación y práctica clínica con esta técnica.

Recogemos aquí tan solo una muestra de ellos. No dude en solicitarnos información adicional si así lo requiere.

### **Sociedad Española del Dolor**

- ✓ [http://revista.sedolor.es/pdf/1999\\_01\\_04.pdf](http://revista.sedolor.es/pdf/1999_01_04.pdf)

### **American Academy of Pediatrics/American Academy of Neurology**

(Recomiendan el tratamiento en diversas guidelines o guías de actuación práctica para pacientes)

- ✓ <http://www.aan.com/globals/axon/assets/2354.pdf>
- ✓ [http://www.aan.com/professionals/practice/guidelines/migraine/Migraine\\_Guide\\_Patients.pdf](http://www.aan.com/professionals/practice/guidelines/migraine/Migraine_Guide_Patients.pdf)
- ✓ <https://healthychildren.org/English/health-issues/conditions/head-neck-nervous-system/Pages/Headaches-When-to-Call-the-Pediatrician.aspx>

### **Pubmed/NIH Instituto de salud americano**

- ✓ <http://www.ncbi.nlm.nih.gov/pubmed/18540732>
- ✓ <http://www.ncbi.nlm.nih.gov/pubmed/22868542>
- ✓ <http://www.ncbi.nlm.nih.gov/pubmed/17084028>
- ✓ <http://www.ncbi.nlm.nih.gov/pubmed/22968473>
- ✓ <http://www.ncbi.nlm.nih.gov/pubmed/18726688>

**AAPB (Asociación de Psicofisiología y Biofeedback Aplicados)**

✓ <http://link.springer.com/article/10.1007%2Fs10484-008-9060-3>

**Referencias y estudios**

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